

Upcycle: Make the most of what you've got

Contentment is learning to be okay with what you have.



Week One

Be Content

Philippians 4:11b-13

When is it hardest to be content?

Week Two

King Ahab and Naboth's Vineyard

1 Kings 21:1-19, 27

What can you do when you want what someone else has?

Week Three

Israelites Long for Egypt

Exodus 16:2-21; 17:1-7

What is good in your life right now?

Week Four

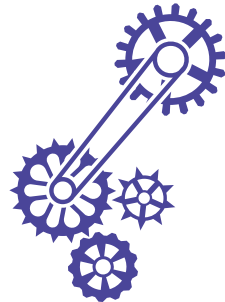
Giving Freely to the Lord's People

2 Corinthians 8:1-5

How can you use what you have to help others?

MEMORY VERSE

"Then he said to them, 'Watch out! Be on your guard against wanting to have more and more things. Life is not made up of how much a person has.'" Luke 12:15, NIV



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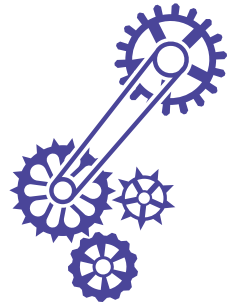
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Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

Start your kid's day off with encouragement by acknowledging some area of life (school, sports, hobby, etc.) you see them trying really hard.



Meal Time

At a meal this week, ask everyone at the table: "When is it hardest to be content?"



Drive Time

While on the go, ask your child: "Let's talk about the favorite games we like to play. You go first." Then tell them something you liked to play when you were their age.



Bed Time

Pray for each other: "God, help us to be content with what we have. When we are tempted to want more, give us wisdom to know the difference between what we need and what we want."

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