

Theology for the Weary

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TALKINGPOINTS WALKINGPOINTS



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Talk together about the glory of God's kingdom. –Psalm 145:11

Love the Lord your God and **walk** in all his ways. –Joshua 22:5

Questions for Reflection & Discussion

- What from Sunday's message interested you? ...made sense to you? ...confused you? ...intrigued you? ...upset you? ...encouraged you? ...and **why?**
- Read 1 Samuel 26. David is fleeing from King Saul, who accused him of treason and was seeking to kill him. On more than one occasion, however, David had proven himself loyal, sparing Saul's life. List all of the things you learn about David's character from this passage.

David and his army again are fleeing for their lives—with *their wives and children* (1 Samuel 27:1). In some ways it could be a comfort to be surrounded by one's family, but it added to their stress—now their families are exposed to danger too! Which situation would you rather have—and why?

Read 1 Samuel 27. Whereas in chapter 26 David displayed shocking loyalty, courage and honesty, now he resorts to raiding innocent villages, lying about his actions, and killing all witnesses (27:8-11)! What do you think explains this "Dr. Jekyll and Mr. Hyde" transformation?

When was a time when you, like David, evidenced uncharacteristically rude or wicked behavior?

Even if we typically exhibit godly behavior, **from where** does that surprising wickedness come?

- Consider the recommendations for responding to our weariness (see **III.** in **Sermon Summary**). Very specifically and concretely, what would it look like for you to...
 - a. Be Weary
 - b. Not Try to Solve Your Weariness
 - c. Speak Hope to Your Soul
 - d. Frame Weariness as Growth

Are you weary and heavy-laden?
Get free counseling at:

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Sermon Outline

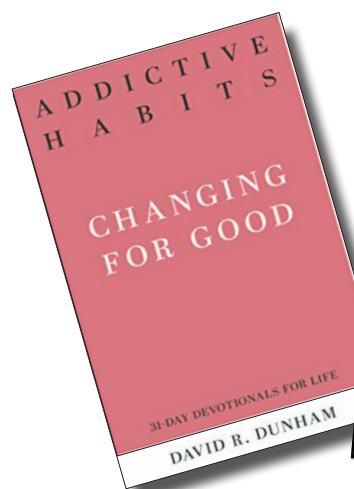
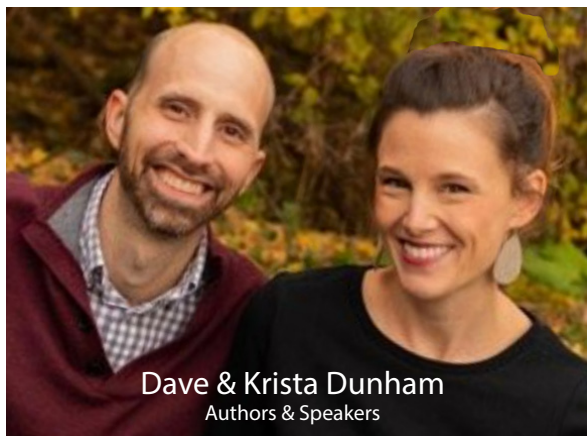
I. The Context

II. The Impact of Weariness

- a. Weariness Tempts us to Doubt God
- b. Weariness Tempts us to be Self-Reliant
- c. Weariness Tempts us to be Unethical

III. The Response to Weariness

- a. Be Weary
- b. Don't Try to Solve Weariness
- c. Speak Hope to Your Soul
- d. Frame Weariness as Growth



Digging Deeper in Your Daily Quiet Time

*"Five Question Bible Study" (see page below) is a simple way to study any passage.
Let's use it to explore what to do when we're weary...*

Monday—Read Psalm 77:1-3

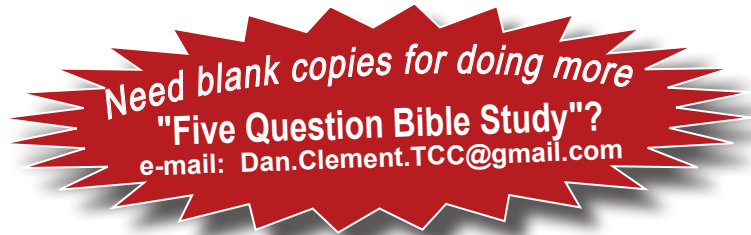
Tuesday— Read Psalm 77:4-6

Wednesday— Read Psalm 77:7-9

Thursday— Read Psalm 77:10

Friday— Read Psalm 77:11-15

Saturday— Read Psalm 77:16-20



What idea particularly strikes me from this text? [Note in which verse(s) it is found.]



What question does this text raise in my mind—and how would *this text* answer it?



What about Jesus Christ—his character and/or his redemption—relates to this text?



What action must I take as a result of this text? Be concrete and specific.



With whom will I share what I learned from this text? [and what was their response?]