

Triangle Community Church aims to be a "transforming church". We exist to be used by God as He transforms ordinary people into extraordinary followers of Jesus Christ. TCC believes not only that life-change is possible—but that it is to be expected. Growth is God's will for his people. But transformation does not happen by accident. It requires intentional, intelligent action. 1 Timothy 4:7 instructs you to "discipline yourself for the purpose of godliness." Since "Talking Points, Walking Points" is intended both for individual reflection and for group discussion, questions vary in degree of vulnerability required. Generally it is best to begin group discussions with questions which involve less personal disclosure—but don't linger there. Be sure to "dive deep" too! The questions which require the greatest openness and honesty, as well as those in the section entitled "Digging Deeper in your Daily Quiet Time", are perfect for private reflection.

# **Questions for Reflection or Discussion**

Mark the following scale with...an E for your enthusiasm for prayer,
a C for your confidence in prayer,
and an F for your frequency of prayer.

What do you conclude about your prayer life?

Read Colossians 1:9-11, circling every occurrence of "all", "every", "full" and "filled". What do you learn?

From v. 9, list all of the things Paul prayed for the Colossians.

Do you think that **you** have "the full knowledge of God's will in all spiritual wisdom and understanding"? Why or why not?

According to v. 10-11, to what does knowing God's will in all spiritual wisdom and understanding lead?

Do you think you have that?

Are these sorts of things within the grasp of "regular Christians" such as us? Why or why not?

What is the relationship between knowing / understanding (v. 9) and doing / attaining (v. 10-11)?

• In Colossians 1:9-14, which things are present realities? Which things are future potentialities?

How does prayer connect present realities to future potentialities?

What can you do to move your enthusiasm, confidence and frequency in prayer higher on the scale?

## Colossians 1:9-14

- Por this reason also, since the day we heard of it, we have not ceased to pray for you and to ask that you may be filled with the knowledge of His will in all spiritual wisdom and understanding,
- <sup>10</sup> so that you will walk in a manner worthy of the Lord, to please Him in all respects, bearing fruit in every good work and increasing in the knowledge of God;
- <sup>11</sup> strengthened with all power, according to His glorious might, for the attaining of all steadfastness and patience;
- <sup>12</sup> joyously giving thanks to the Father,
  - who has qualified us to share in the inheritance of the saints in Light.
- <sup>13</sup> For He rescued us from the domain of darkness,
  - and transferred us to the kingdom of His beloved Son,
- <sup>14</sup> in whom we have redemption, the forgiveness of sins.

Colossians								
Christ's Supremacy ~ Our Submission								
Part 1	Part 2	Part 3	Part 4	Part 5	Part 6	Part 7	Part 8	
Introduction and Thanksgiving	Prayer for Spiritual Maturity	Excellence of Christ	Mystery of the Gospel	Warning Against Falsehood	New Life in Christ	Christ– Centered Relationships	Prayer and Conclusion	
1:1 1:8				2:4 2:23			4:2 4:18	

#### **Digging Deeper in Your Daily Quiet Time**

### "Five Question Bible Study" (see page below) is a simple way to study any topic. Let's use it to get to know the role of prayer in the Christian life...

*Tuesday*— What do we learn about *God's answering* from Mattew 7:7-11; 26:39; 1 John 5:14-15 and James 1:6-7?

Wednesday— What do we learn about Jesus' prayer life from Matthew 14:23; Mark 1:35 and Luke 5:16?

Thursday— What do we learn about when Jesus prayed from Matthew Luke 6:12-13; 23:34 and Matthew 26:36-44?

Friday—What do we learn about Paul's prayer life from 1 Thessalonians 1:3 and Ephesians 1:16?

*Saturday*— In preparation for gathering to worship on the Lord's Day, read Colossians 1:15-23.

#### **Five Question Bible Study**

(	Bible T	Text:	Date:		
$\bigcirc$		What idea particularly strikes me from this text? [Note in	n which verse(s) it is found.]		
	?	What question does this text raise in my mind—and how	would <i>this text</i> answer it?		
$\bigcirc$	•	What about Jesus Christ—his character and/or his redem	ption—relates to this text?		
	$\bigcirc$	What action must I take as a result of this text? Be concre	ete and specific.		
$\bigcirc$	6	With whom will I share what I learned from this text? [a	nd what was their response?]		