



TALKINGPOINTS WALKINGPOINTS

Talk together about the glory of God's kingdom. —Psalm 145:11
Love the Lord your God and **walk** in all his ways. —Joshua 22:5

October 04, 2026

Anchored in the Storm
Assurance in the Psalms
*Lead Me, Teach Me,
Redeem Me*

Questions for Reflection or Discussion

Observation — What does it say?

1. Read Luke 11:1. What did the disciples request of Jesus?

When did Jesus' disciples make this request?

2. With your Bible open to Matthew 6:5-13, review the Sermon Summary and note Jesus' instructions that prayer is to be **secret** (v. 5-6), **sincere** (v. 7-8), and **specific** (v. 9-13). List and discuss the specifics Pastor Doug drew out of these three principles.

Interpretation — What does it mean?

3. The Gospels do not record that the disciples requested that Jesus teach them any other skill besides prayer. Make a list of some other skills in which Jesus excelled. Why do you think that they apparently asked for training only in prayer?
4. **Why** do you think Jesus is the **best** model for learning how to pray?

Application — What do I do with this?

5. What does your present prayer life reveal about how important you believe prayer really is?
6. What practical change could you make to create a regular, private place and time for prayer?
7. Is there something you are currently reluctant to tell God about—an area of fear, hurt, confusion, temptation, or even anger? What would it look like to bring it honestly to Him?
8. What specific need, relationship, sin, or temptation should become a regular subject of your prayer?
9. How could you combine prayer with Scripture memory when facing one of your recurring temptations?
10. Which biblical prayer from the sermon's list could you study and use as a model for your own prayers this week?



Sermon Summary

Psalms 25 is the prayer of a believer who feels vulnerable, uncertain, and needy. David doesn't begin with a plan. He begins with trust. As we walk through this Psalm, we'll see David bringing three major needs before God: guidance, forgiveness, and deliverance.

I. Trust God When You Don't Know the Way (Psalm 25:1–7)

David is not merely asking God for information; he is asking for inward transformation and life direction. Three requests dominate his prayer: 1) Show me Your ways (vs 4), 2) Teach me Your paths (vs 4), and 3) Lead me in Your truth (vs 5). When you look at it closely, David is asking God to reveal Himself to him. He wants to know God better. David asks: "Lord, would you teach me Your ways?"

God's primary concern is not simply where we are going and what we are doing, but **who** we are becoming. We are focused on process; God is focused on personhood. Our decisions should flow out of our character and our character should be shaped by God's character. Too often we seek God's answers without seeking God's presence. Ask yourself a different question: "Am I trusting God enough to be taught and led by Him?"

II. Seek God's Mercy for What Lies Behind You (Psalm 25:8–15)

David seeks God's mercy and forgiveness. As Christians, we are often trapped by one of two errors. Either #1: We excuse our sin OR #2: We despair over our sin. David appeals to something greater than his sin—the mercy of God. Clinging to God's mercy, steadfast love and covenant faithfulness is the sure foundation of his hope. **GREAT SIN MEETS EVEN GREATER GRACE!** As disciples of Christ, we know that "if we confess our sin, He is faithful and righteous to forgive our sin."

III. Wait on God When Trouble Surrounds You (Psalm 25:16–22)

David tells us to wait on God when surrounded by trouble. He becomes intensely personal. **David describes himself as:** Lonely (v. 16), Afflicted (v. 16), Distressed (v. 17,18), Troubled (v. 17,18), Opposed by enemies (v. 19), and Hated (v. 19). **Repeated themes appear:** Turn to me and be gracious (v. 17). Forgive me (v. 18). Guard me (v. 20). Deliver me (v. 20). and Let me not be put to shame (v. 20).

When facing difficulties we should actively look to God in faith and ask for wisdom and direction: God, show me what course of action I should take. Perhaps we seek counsel from wise, godly people. Then we should boldly do what we believe God has shown us to do and trust Him for the outcome. Don't only talk to God about your personal concerns; ask God to intervene on behalf of others—your family, your friends, your co-worker, for political leaders, for church leaders. Pray and ask for God's help and wait for His answer. Psalm 25 reminds us that for the Christian, waiting is not passive resignation. Waiting involves active trust.

Psalm 25 teaches God's children to bring every burden to God (See also: Psalm 55:22; 1 Peter 5:7). What burden do you need to cast upon God today? Look to the Lord. Cast your burdens upon him, because He cares for you. Jesus is: 1) The true **Teacher** who leads us in truth. 2) The sovereign **Savior** who bears our guilt, and 3) The righteous **Redeemer** who delivers His people.

Bring your burden to the Lord just as David did:

1) Trust Him. 2) Confess to Him. 3) Wait for Him.

Notes

Digging Deeper in Your Daily Quiet Time

These are some notable prayers in the Bible. Each day this week choose one and ask:

1. What do I learn about God?
2. What do I learn about mankind?
3. What is one thing I should do?

Abraham's Intercession for Sodom & Gomorrah	Genesis 18:23-33
Daniel's Prayer	Daniel 9:4-19
David's Prayer for Protection	Psalms 3
David's Prayer for Favor	Psalms 4
David's Prayer for Guidance	Psalms 5
David's Prayer for Mercy	Psalms 6
David's Prayer from Persecution	Psalms 7
David's Prayer for God's Help	Psalms 13
David's Prayer	Psalms 23
David's Prayer For Trust	Psalms 25
David's Prayer & Fasting	Psalms 35
David's Prayer For Forgiveness	Psalms 51
Elijah's Prayer for the Widow's Son	1 Kings 17:20-22
Elijah's Prayer at Mt. Carmel	1 Kings 18:36-39
Elisha's Prayer	2 Kings 6:15-18
Esther and the Nation of Israel Prayer & Fasting	Esther 4 & 5
Ezra Prayer & Fasting	Ezra 8:21-23
Hannah's Prayer for a Child	1 Samuel 1:10-12
Hannah's Prayer of Thanksgiving	1 Samuel 2:1-10
Hezekiah	2 Kings 20
Jacob's Deliverance From Esau	Genesis 32:9-12
Jacob At Peniel	Genesis 32:24-30
Jehoshaphat For Deliverance	2 Chronicles 20
Jonah	Jonah 2:2-9
Moses Intercession For His People	Exodus 32:11-13;31-32
Moses Intercession For Miriam	Numbers 12:13
Moses & Promise Land	Deuteronomy 3:24-29
Moses & Israel	Deuteronomy 9:26-29
Nehemiah's Prayer & Fasting	Nehemiah 1:3-11
Nehemiah and Israel Prayer & Fasting	Nehemiah 9:1
Samson	Judges 16:28
Solomon's Prayer for Wisdom	1 Kings 3:6-9
Solomon's Prayer to Dedicate the Temple	1 Kings 8:23-61
Jesus teaching on Prayer	Matthew 6:6-13
Jesus to the Father	John 12:27-28
Jesus' Prayer of Thanksgiving	Matthew 11:25-26
Jesus' Prayer for Lazarus	John 11:41-43
Jesus' High Priestly Prayer	John 17
Jesus in Gethsemane	Matthew 26:39 & 42
Jesus at the Cross	Luke 23:34, 46
Apostles For Divine Direction	Acts 1:24, 25
Apostles & Believer's Prayer	Acts 4:24-31
Stephen for His Murderers	Acts 7:60
Cornelius Prayer & Fasting	Acts 10:30-31
Early Church Praying & Fasting for Paul & Barnabas	Acts 13:1-3
Paul for the Corinthians	2 Corinthians 13:7
Paul for the Ephesians	Ephesians 3:14-21
Paul for the Philippians	Philippians 1:9-11
Paul for the Colossians	Colossians 1:9-17