



TALKINGPOINTS WALKINGPOINTS

Talk together about the glory of God's kingdom. —Psalm 145:11
Love the Lord your God and **walk** in all his ways. —Joshua 22:5

September 27, 2026

The Practice of Prayer Part 2

Questions for Reflection or Discussion

Observation — What does it say?

1. Read Luke 11:1. What did the disciples request of Jesus?

When did Jesus' disciples make this request?

2. With your Bible open to Matthew 6:5-13, review the Sermon Summary and note Jesus' instructions that prayer is to be **secret** (v. 5-6), **sincere** (v. 7-8), and **specific** (v. 9-13). List and discuss the specifics Pastor Doug drew out of these three principles.

Interpretation — What does it mean?

3. The Gospels do not record that the disciples requested that Jesus teach them any other skill besides prayer. Make a list of some other skills in which Jesus excelled. Why do you think that they apparently asked for training only in prayer?
4. **Why** do you think Jesus is the **best** model for learning how to pray?

Application — What do I do with this?

5. What does your present prayer life reveal about how important you believe prayer really is?
6. What practical change could you make to create a regular, private place and time for prayer?
7. Is there something you are currently reluctant to tell God about—an area of fear, hurt, confusion, temptation, or even anger? What would it look like to bring it honestly to Him?
8. What specific need, relationship, sin, or temptation should become a regular subject of your prayer?
9. How could you combine prayer with Scripture memory when facing one of your recurring temptations?
10. Which biblical prayer from the sermon's list could you study and use as a model for your own prayers this week?



Sermon Summary

My goal in this series isn't simply that we become more knowledgeable about prayer, but that we actually increase in the practice of prayer. For the Christian, prayer should be as natural as breathing.

I. Give prayer a prominent place in your life.

If we are honest, most of us view prayer as an optional part of the Christian life. Consider John Wesley's statement: "God does nothing but in answer to prayer." That might explain our lack of spiritual progress. Jesus' ministry flowed out of His conversations with His heavenly Father. I think one of the reasons we don't pray more than we do is because we are not convinced that we need to. Jesus was the most competent, gifted, have-it-all-together person who ever lived, and yet He felt compelled to pray (Luke 5:16).

Seven Benefits From Prayer

1. Prayer assures us of God's presence (Psalm 145:18).
2. Prayer brings blessings from God (Matthew 7:11).
3. Prayer brings help in time of need (Hebrews 4:16).
4. Prayer brings peace in the midst of anxiety (Phil. 4:6-7).
5. Prayer brings physical and spiritual healing (James 5:15-16).
6. Prayer brings wisdom from God (James 1:5).
7. Prayer strengthens us against temptation (Matthew 26:41).

II. Learn to pray Jesus' way!

Most of us want to grow in our prayer life - we just don't know how to go about it. We need a role model, someone to teach us how to pray. Follow Jesus' guidelines for prayer. Luke 11:1 is an encouraging verse to me because it tells me that prayer is an art that can be learned. There is no better passage in the Bible than Matthew 6 for teaching on prayer. And the truths contained here are just as applicable today as they were 2000 years ago.

1. **Pray secretly (Matt.6:5-6)** A private place ensures a minimum of distractions. A private place also eliminates the temptation to try to impress others.
2. **Pray sincerely (Matt. 6:7-8)** Talk to God like you would talk to anyone else. Tell God what's on your mind. He knows it already, but He wants you to talk to Him about it.
3. **Pray specifically (Matt.6:9-13)**
4. **Pray for your sins to be forgiven (Matt.6:12)** 4 Steps to Forgiveness:
 - a. Ask the Holy Spirit to reveal every sin (Ps. 139:23-24).
 - b. Confess each sin individually (Prov. 28:13).
 - c. Make restitution to others when necessary (Matt. 5:23-24).
 - d. By faith, accept God's forgiveness (1 John 1:9).
5. **Pray for protection against temptation (v. 13)** We face temptations of many different kinds. Satan knows where you are weak. But through prayer, Jesus invites us to connect our weakness to God's strength. Those areas that you struggle in—commit them to prayer. Ask God to fortify you against temptation (1 Cor. 10:13).

Notes

Come pray with us!

As mentioned last Sunday, we would love to have you join us! Learn more at TCC.org/Prayer.

Men: Every Tuesday, over the lunch hour (12pm - 1pm), both face-to-face (in Pastor Dan's office) and virtually (email: Dan.Clement.TCC@gmail.com for the link)

Women: Every Friday, 10am - 11am, Room 205.



Digging Deeper in Your Daily Quiet Time

These are some notable prayers in the Bible. Each day this week choose one and ask:

1. What do I learn about God?
2. What do I learn about mankind?
3. What is one thing I should do?

Abraham's Intercession for Sodom & Gomorrah	Genesis 18:23-33
Daniel's Prayer	Daniel 9:4-19
David's Prayer for Protection	Psalms 3
David's Prayer for Favor	Psalms 4
David's Prayer for Guidance	Psalms 5
David's Prayer for Mercy	Psalms 6
David's Prayer from Persecution	Psalms 7
David's Prayer for God's Help	Psalms 13
David's Prayer	Psalms 23
David's Prayer For Trust	Psalms 25
David's Prayer & Fasting	Psalms 35
David's Prayer For Forgiveness	Psalms 51
Elijah's Prayer for the Widow's Son	1 Kings 17:20-22
Elijah's Prayer at Mt. Carmel	1 Kings 18:36-39
Elisha's Prayer	2 Kings 6:15-18
Esther and the Nation of Israel Prayer & Fasting	Esther 4 & 5
Ezra Prayer & Fasting	Ezra 8:21-23
Hannah's Prayer for a Child	1 Samuel 1:10-12
Hannah's Prayer of Thanksgiving	1 Samuel 2:1-10
Hezekiah	2 Kings 20
Jacob's Deliverance From Esau	Genesis 32:9-12
Jacob At Peniel	Genesis 32:24-30
Jehoshaphat For Deliverance	2 Chronicles 20
Jonah	Jonah 2:2-9
Moses Intercession For His People	Exodus 32:11-13;31-32
Moses Intercession For Miriam	Numbers 12:13
Moses & Promise Land	Deuteronomy 3:24-29
Moses & Israel	Deuteronomy 9:26-29
Nehemiah's Prayer & Fasting	Nehemiah 1:3-11
Nehemiah and Israel Prayer & Fasting	Nehemiah 9:1
Samson	Judges 16:28
Solomon's Prayer for Wisdom	1 Kings 3:6-9
Solomon's Prayer to Dedicate the Temple	1 Kings 8:23-61
Jesus teaching on Prayer	Matthew 6:6-13
Jesus to the Father	John 12:27-28
Jesus' Prayer of Thanksgiving	Matthew 11:25-26
Jesus' Prayer for Lazarus	John 11:41-43
Jesus' High Priestly Prayer	John 17
Jesus in Gethsemane	Matthew 26:39 & 42
Jesus at the Cross	Luke 23:34, 46
Apostles For Divine Direction	Acts 1:24, 25
Apostles & Believer's Prayer	Acts 4:24-31
Stephen for His Murderers	Acts 7:60
Cornelius Prayer & Fasting	Acts 10:30-31
Early Church Praying & Fasting for Paul & Barnabas	Acts 13:1-3
Paul for the Corinthians	2 Corinthians 13:7
Paul for the Ephesians	Ephesians 3:14-21
Paul for the Philippians	Philippians 1:9-11
Paul for the Colossians	Colossians 1:9-17