TALKINGPOINTS WALKINGPOINTS

Talk together about the glory of God's kingdom. –Psalm 145:11
Love the Lord your God and **walk** in all his ways. –Joshua 22:5

November 15, 2026

Anchored in the Storm
Assurance in the Psalms

Fully Known
(6 of 8)

Questions for Reflection or Discussion

Observation — What does it say?

Let's make some observations regarding the four areas of God's knowledge and relationship with David: (a) God knows David completely (v. 1–6), (b) is present everywhere (v. 7–12), (c) created him personally (v. 13–16), and (d) continually thinks about him (v. 17–18).

(a) What specific activities of David does God know (v. 2–4) and what impact does that degree of knowledge have on David (v. 5-6)?

(b) What places does David mention as possible destinations which might be beyond God's presence (v. 7-10)? Does David find this to be comforting or alarming (v. 11-12)?

(c) What does David say about God's involvement in his formation before birth (v. 13–16)?

(d) What does David say about the number and character of God's thoughts toward him (v. 17–18)?

2. Observe carefully David's thoughts about enemies (in v. 19–22). According to v. 19-20, whose enemies are they? In v. 21-22, whose enemies do they become?

3. David knows that he cannot depart from God's presence (v. 7-10)—but what does he request of the wicked in v. 19b?

Interpretation — What does it mean?

4. What does David's description of God's thoughts in v. 17–18 reveal about God's interest in His people?

5. Why does David conclude the psalm by asking God to search him and reveal any offensive way in him (v. 23–24)?

Application — What do I do with this?

6. Do you find the fact that God knows your thoughts and words even before you express them (v. 2-4) comforting or unsettling — and why?

7. Since God knows your thoughts, motives, and words completely, what areas of your private life need greater honesty and integrity before Him?

8. What aspects of evil opposition to God and his righteousness provoke revulsion in you, as they did in David?

Sermon Summary

After some prayer and research, I was trying to find a Psalm that best exemplifies God's awesome power and majesty. I think Psalm 139 does just that.

4 attributes of God are conveyed in Psalm 139: Omniscient, Omnipresent, Omnipotent and All Loving

A: God is all knowing — Omniscient (vv. 1-6)
The psalmist David here acknowledges that God has searched him and known him. God knows and understands everything about David and you and me. This should be both troubling and comforting to us.

God can see your motives and your deepest thoughts and desires. He can see the good and the bad (Psalm 44:21; Jer. 17:9). God knows everything going on in your daily life. Nothing is missed.

Verse 5 conveys the idea that God has got your back. Beyond that He surrounds you (Psalm 34:7; 125:2). God has not just got your back, he has got your front. He is all around you and leading the charge while surrounding you. As these verses convey, IF you fear Him, trust Him and are His people, then this is a promise to you.

In verse 6, David says this knowledge is too much for him. What God knows is too high (lofty) for David to attain (1 Cor. 3:19; Rom. 8:31).

B: God is ever present — Omnipresent (vv. 7-12)
In verse 7, David asks the rhetorical question, "Where can I go God to get away from you? Where can I go to get away from your Spirit and flee your presence?" The short answer is you cannot. The psalmist discusses God being in two vertical extremes — "the heavens" and "the depths." Verse 9 expresses two horizontal extremes — "wings of the dawn" and "far side of the sea." The horizontal extremes David may have experienced.

In verse 10, David gives us a vision of God's hand guiding you and uses the words holding you fast. It is active power and strength and authority holding you personally; its security, sustaining you.

The psalmist conveys the extremes of light we can experience in verses 11 and 12. God is the light wherever you are and in whatever you are going through. The darkest dark we have experienced or can imagine is like light to God. His ways are above our ways — His understanding is above ours (Isaiah 55:8-9; Matt. 17:2; Ex. 33:18-23).

C: God is all powerful — Omnipotent (vv.13-18)
God created all (Gen.1). In verse 13, the psalmist uses the example here of all things created by God in this vast universe, humans (His most prized possession), to illustrate God's awesome power. David acknowledges he understands the true miracle of pregnancy and birth to a healthy human baby is God's handiwork. You and I were not a mistake. In fact, we were carefully crafted by God for His purposes.

All of the days ordained for you and me were written in His book. God knows how many days you and I have on planet earth and beyond (v.16). Think of all the grains of sand in the world — God's thoughts still outnumber them!

D: God is all loving and can handle whatever we are dealing with (vv. 19-24)
- God hates wickedness (Rom. 5:8).
- God can handle anything you can send His way.
- God loves us and made a way for us.

God can handle whatever it is that we think is too much for Him. He loves you and me and wants to be part of our everyday. How will you respond to Him?

He already knows everything about you and still loves you.

He is everywhere and you can't escape Him.

He has the power to create the universe from His mere words, yet calls us His most precious and prized possession. Whatever is keeping you from God, cast it on Him. He can handle it.

Notes

Digging Deeper in Your Daily Quiet Time

Psalm 139 reveals a God who made me, knows me, and surrounds me. Psalm 139 moves from the realization that God knows everything about us to the willingness to have Him examine everything within us and direct everything before us. David's response to God's omniscience is not merely amazement, but surrender. Let's learn from David...

Monday — God Knows You Completely

Read all of Psalm 139, then study in detail v.1–6.

1. How should knowing that God understands even our unspoken thoughts affect our private lives?
2. Are there areas of your life in which you are tempted to conceal your true thoughts or motives from God?
3. How might God's intimate knowledge of you bring comfort when you feel attacked by others?

Tuesday — You Cannot Escape God's Presence

Read all of Psalm 139, then study in detail v. 7–12.

1. How should this truth affect someone who is tempted to run away from God?
2. How can God's continual presence strengthen a Christian facing loneliness, uncertainty, or danger?
3. Is there a difficult situation in which you need to remember that God is present and able to lead you?

Wednesday — God Created You Purposefully

Read all of Psalm 139, then study in detail v. 13–18.

1. How should the truth that God purposefully created us influence the way we view our own lives and the lives of others?
2. How might this passage help someone struggling with feelings of inadequacy, insignificance, or lack of purpose?
3. What difference should it make in our daily attitudes to recognize that our lives are the result of God's intentional creative work?

Thursday — God Opposes Those Who Oppose Hi

Read all of Psalm 139, then study in detail v. 19–22.

1. Do you find yourself becoming increasingly comfortable with things that God calls evil?
2. How can we maintain a strong commitment to God's righteousness without developing a self-righteous or vindictive spirit?
3. Are there areas in which your loyalties to God need to become more evident?

Friday — God Must Search Your Heart

Read all of Psalm 139, then study in detail v. 23–24a.

1. How willing are you to have God expose attitudes, motives, or habits that you might prefer to leave unexamined?
2. What practical steps can help us become more honest about our spiritual condition?
3. Is there a particular attitude or pattern of behavior about which you need to ask God to search your heart?

Saturday — God Leads You in His Way

Read all of Psalm 139, then study in detail v. 24b.

1. Are you primarily interested in having God make your present circumstances easier, or in having Him direct your life according to His will?
2. What might need to change in your life for you to walk more faithfully in God's way?
3. How could you make David's closing prayer a regular part of your own devotional life?